

Five Years Pre-Show Information

Five Years is an hour-long, story-telling show. It is performed by Neal Pike and BSL interpreter, Sue Lee.

The show takes place in the Main Theatre space at the Seagull.

When you arrive at Seagull please go to the ticket booth which is next to the bar. There will be a Seagull Volunteer who can give you a ticket and show you to the theatre.

The cost of tickets for Five Years £9 and 25 pence per ticket. If you are under 18 or you have retired you can pay £7 and 25 pence.

Inside the Theatre

There will be seats in rows in the theatre. On your ticket it will say which seat is yours. The rows each have a letter and then each seat has a number.

The first row is A and then the second row is B.

The first seat is 1 and the second seat is 2.

So for example, D5 is the fifth seat in the fourth row.

There will be someone on the door to help you find your seat.

There is one wheelchair space which you can book if you phone the theatre. If you need more than one wheelchair space – this can be arranged if you phone the theatre and ask. If you prefer you can email the theatre.

The Theatre phone number is 01502 589726

The Theatre email is info@theseagull.co.uk

The stage in the Seagull is flat and on the same level as the area where the seats are. You can tell which bit is the stage because it is painted black.

On the stage there will be nine chairs and a desk.



Before the performance starts, someone will stand up at the front and explain that this is a Relaxed Performance and what this means.

The Performance

The show will then begin. Neal will walk onto the stage.

It is a Relaxed Performance, so you can make noise and move around as much as you want throughout the show.

During the performance you can leave the room if you want to and come back in at anytime.

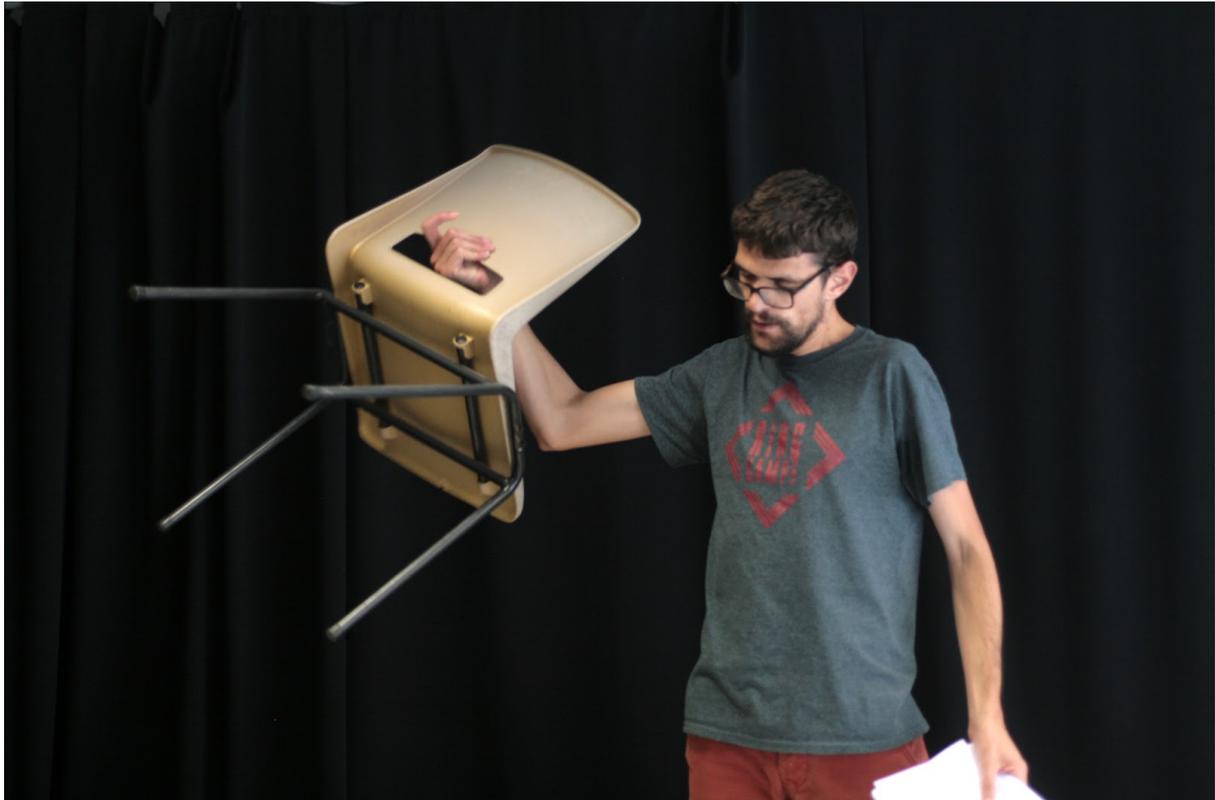
You can ask a member of staff for an ear defender.

The bar will be quiet during the show. So will be available to sit in if you would like to be in a quiet space.

During the show Neal will tell lots of stories about himself, school, his friends and family. Everything he says will be BSL interpreted. When he tells the stories, he moves about the stage and also moves the chairs and desk.



He picks up the chair once and holds it in the air.



At one point, he falls suddenly on the floor.



The lights on the stage will change throughout but will never go completely dark. So you will always be able to

find your way to leave and come back to your seat if you want.

Loud Sounds

Sometimes Neal shouts loudly. There are sudden sound effects during the show, like a school bell or the sound of a playground. When the performance is finished the audience will clap.

You can ask a member of staff for an ear defender at any time.

Content/Trigger Warning

Contains references to sexual abuse and bullying
Age Guidance 16+

Access Considerations

- The venue is wheelchair accessible.
- The performance is a Relaxed Performance – you can make noise and move around.
- You can go in and out of the show when you want.
- The show is BSL interpreted.
- Ear defenders are available.
- The bar will quiet if you would like a break from the show.
- Please contact Des Reynolds at the Seagull on des@desreynolds.org.uk if you have specific access requests.